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Thin women find 'healthy' peers a threat

by IANS
Monday, 28 January 2013, 08 . 34 am

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Thin women who are not comfortable with their bodies, consider peers with a 'healthy' weight as a threat, says a Spanish study.

Similarly, males prefer thin females more than women themselves and also find overweight females more unpleasant than reed thin women. Researchers from the University of Granada's department of personality, evaluation and psychological treatment, found that thin women feel embarrassed and uneasy when they see themselves in a picture or video, especially if they are imitating the poses of a professional model. Researchers co-led by Blanca Ortega-Roldan Oliva, performed four experimental studies with university students involving 671 students, said a Granada statement.

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