

How we fantasise about sex

DAISY DUMAS

24 Jul, 2012 10:50 AM

We've all heard it before: Our brains are our most powerful sexual organs.

But what goes on inside those well-used organs is largely down to gender.

According to new research, while both men and women will have "intimate and romantic" fantasies about their partners, they go about their lusty imaginings in very different ways.

While men tend to fantasise about "exploratory" sex, women migrate towards "pleasant" encounters, say a team of scientists from the University of Granada.

But many respondents, regardless of gender, had fantasised about "negative" sexual experiences, too. The new study of Spanish 18 to 73 year olds has lifted the lid on our wildest sexual dreams, with a vast 80 per cent of respondents admitting to fantasising about "unpleasant" scenarios.

Almost 100 per cent of the 2,250 respondents said they had imagined "pleasant" encounters.

Exploratory encounters - more frequently indulged in by men - include group sex, swinging parties, promiscuity and orgies.

And definitions of "unpleasant" and "pleasant" shifted. For men, the most common "unpleasant" fantasy was a homosexual encounter, for women one of the most common was "being forced to have sex."

Women fantasised about being submissive on average just once in a lifetime, but men had negative sexual fantasies "sometimes" or "once a year."

The respondents, who had all been in heterosexual relationships for at least six months, confirmed the long-held belief that men think about sex more than women.

More research is needed into attitudes towards the encounters, but it's no secret that, as the researchers put it, sexual fantasy "favors some aspects as sexual desire and arousal".

In fact, as Dr. Logan Levkoff told the Huffington Post: "We are supposed to have an active fantasy life. Sexual fantasies do not make us sluts. Nor do they suggest that we have trouble in our current relationship. Fantasies make us healthy sexual beings."

[© SMH](#)


[Share on
Facebook](#)

[Tweet on
Twitter](#)

[Email to
a friend](#)

[50 Hotels in Granada](#)

Compare hotels and save up to 75%! Save time, book at Booking.com

www.booking.com/Hotels-Granada AdChoices 



We all fantasise about sex, but men tend to indulge in "exploratory" and "negative" imaginings of sex more than women.



Most popular articles

1. [A big party](#)
2. [Anti-nuclear expert to speak on child health](#)
3. [Arrested but determined](#)
4. [Dirty business: health workers furious at ...](#)
5. [Sex can be deadly ... if you're a fly](#)
6. [So, did The Shire rate higher ... or not?](#)
7. [Finals blow for Blues: Lachie out for season](#)
8. [Accessing a headline opinion](#)
9. [Facebook's first investor bets big on ...](#)
10. [Howzat! Cricket match leads to police cells](#)

Compare & Save

[Deals](#)[Compare](#)[Popular](#)

11 of 16



iPhone 4S Deal. Save \$168

ONLINE ONLY...Save \$168
with Vodafone on \$49 Plan



ONLINE ONLY DEAL


Deals powered by WhistleOut

[Groupon™ Ofertas 30% -70%](#) Disfruta las Grandes Ofertas -70% ¡Ahorra en Todo lo que quieras Hoy! www.Groupon.es

[Parador de Granada](#) Inside The Romantic Alhambra! Get Prices and Reserve by Phone SpainParador.com/MoreInfo

[Escuela de Negocios Key](#) Totalmente Online. Estudia un Posgrado www.escueladenegocioskey.com

[Online University Degree](#) Find College & University Programs by Type of Degree. www.business.com

AdChoices 

Most Popular

- **News**
- 1 [A big party](#)
- 2 [Arrested but determined](#)
- 3 [Anti-nuclear expert to speak on child health](#)
- 4 [The right to political protest](#)
- 5 [Howzat! Cricket match leads to police cells](#)

- **Sport**
- 1 [Mullen's new maturity attracts Hage's praise](#)
- 2 [VCFL recommends Hamilton clubs merge and join Hampden](#)
- 3 [Knights two points out of eight as Benji's boys falter](#)
- 4 [Deja vu fails to hobble recovering Jobe Wheelhouse's enthusiasm](#)
- 5 [Souths blame Dragons coach for Inglis charge](#)

- **Photos**
- 1 [Bikers farewell 'Moe' Hetherington in Inverell](#)
- 2 [RISE Social Spy](#)
- 3 [Mount Isa's hot bodies](#)
- 4 [East Devonport Football Club Annual Ball](#)
- 5 [Roller Derby hits Wollongong](#)

- **Opinion**
- 1 [Chaplains a friend when you need it most](#)
- 2 [Slow farewell to Ford Falcon, a motoring icon](#)
- 3 [Unhappy campers will spread the word](#)
- 4 [If I Lived In Sutherland Shire I Would Leave](#)
- 5 [DRAGONS BLOG: Inglis must be suspended](#)

- **Regional News**
- 1 [Jeff McCloy will run for lord mayor of Newcastle](#)
- 2 [Car park collapses at Sydney shopping centre](#)
- 3 [The great coal cover-up](#)
- 4 [Car rego stickers to be phased out](#)
- 5 [Council cuts toilet paper to make a point](#)

[Privacy Policy](#) | [Conditions of Use](#) | [Advertising Terms](#) | Copyright © 2012. Fairfax Media.