

[Print this article](#)**rediff.com**

Men and women share the SAME sexual fantasies

Last updated on: July 20, 2012 18:07 IST



There are no differences between the two genders when it comes to fantasising about sex -- they think in the same direction!

There are not significant differences between men's and women's sexual fantasies, according to a University of Granada study. The fact is that both sexes have intimate and romantic sexual fantasies involving their partner or loved one. In addition, men have more sexual fantasies (positive and negative) than women, which would confirm the old belief that men think more frequently about sex than women. To carry out this study, the researchers took a sample of 2,250 Spanish people (49.6 percent men and 0.4 percent women) aged between 18 and 73 years, who had maintained a heterosexual relationship for at least six months. **Please click 'Next' to read more...**

Nearly 100 percent of men and women have experienced a pleasant sexual fantasy

Last updated on: July 20, 2012 18:07 IST



The results obtained suggest that nearly 100 percent of men and women have experienced a pleasant sexual fantasy in their life, while about 80 percent of the interviewees have experienced a negative or unpleasant sexual fantasy sometime. However, men and women do not fantasise with the same frequency. Specifically, the study showed that women have pleasant romantic fantasies more frequently than men -- a few times a month. Men, however, fantasise more frequently about exploratory sexual activities as group sex and seek new sensations as "being promiscuous", "being a swinger", "participating in an orgy". The frequency of these fantasies is "sometime in life" or "once a year". The most unpleasant sexual fantasies are those associated with sexual submission.

Women think more frequently about 'being forced to have sex'

Last updated on: July 20, 2012 18:07 IST

Women were found to think more frequently than men about "being forced to have sex" -- they fantasise about it at least once in life.



However, the most frequent negative fantasies in men are associated with homosexual sex. The study was co-authored by Nieves Moyano Munoz and Juan Carlos Sierra Freire at the University of Granada department of Personality, Psychological Evaluation and Treatment. This is the first study to approach sexual fantasies as positive and negative thoughts in Spain.

The results will be published in the Spanish journal *Anales de Psicología*.

Source: ANI