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## Better off people have better health

(IANS)

12 April 2012

Madrid - People who are doing well financially and socially have better health than others. Higher education and a good job also protect against chronic diseases.

These are some of the conclusions drawn by Kristina Karlsdotter, economist at the University of Granada, Spain supervised by Jose Jesús Martin Martin and Maria del Puerto Lopez del Amo González, both professors.

The study also reveals the potential long-term effects that socio-economic inequalities have on the health of the population at a regional level, and the relevance of family when it comes to assess how social inequalities affect a population's health, according to a Granada statement.

Researchers used data from two surveys conducted in Spain: the 2007 Survey on Living Conditions and the 2001 Longitudinal Database of the Andalusian Population, conducted by the Institute of Statistics and Cartography of Andalusia and the Spanish National Research Council.

Researchers have found that the individual income of a person "is positively associated with a good health status". Additionally, education level is statistically associated with health status: the higher the education level, the better the health of the individual, according to several health variables.

The study reveals the influence of family environment on an individual's health status. Thus, over 30 percent of variations in an individual's health status are caused by their family environment. Social relationships are another protective factor against disease, but only in women.

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Ravichandran.S

Health is the foremost in once life . If health is good , one can work hard and earn his living . Hence every one should take care of his/her health to keep fit .

Ravi

1 hour ago

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Silvi

This is nothing new. Human being know it since life started on earth. No need to do a research on this. If someone doesnt have enough then it makes him worry, and worries lead to health problems. This is simple. even a villager knows about it. People try to be in limelight by making some statements and try to fool public.

1 hour ago 1 Like

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chandru

This is the very basic requirement. If job security with moderate salary is assured for all, then live is smooth. Not only health will be good, but law and order problem will also be minimum since possibility of theft etc will be either Nil or minimum.

3 hours ago

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