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**WILL THE BUDGET
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Software tool to estimate heart disease risk

ANI | Mar 20, 2012, 12.24PM IST

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*University of Granada researche
out with a software tool that mal
estimation of the risk that a pers
a heart disease.*



*Software tool to estimate heart disease risk
(Thinkstock photos/Getty Images)*

In addition, this software tool all
performance of massive risk estin
helps estimating the risk that a s
population group has of suffering
condition.

Heart conditions increasingly aff
population, which can make indi
potential years of work and produ

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Understanding the risk for heart conditions by simultaneously using different equ
factor in heart disease prevention, which would reduce health spending in the sho
term.

According to the researchers, "during the last decade, the approaches to cardiovas
prevention have evolved from isolated interventions on modifiable risk factors to :
model of intervention strategies based on previous risk quantification and stratific

One of the factors enabling this change is the increasing availability of tools for th
quantification and stratification of the risk of suffering a cardiovascular disease; t
evaluate a set of individual characteristics, the so-called risk factors.

This is the framework of the study conducted at the University of Granada, which
sample including 3 000 patients.

In the field of epidemiologic studies aimed at predicting cardiovascular risk, a set
mathematical models had been developed in previous studies in the USA.

The purpose of these models was to provide an estimation of the risk of suffering
cardiovascular event in the short term. i.e. 5-10 years. by assessing exposure to ris

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University of Granada researchers used this model in their study. The researchers comparative study of the behaviour of different equations applied to a group of "a referred to an Endocrinology Service from a primary care center in Granada, Spain".

Risk factors were obesity, high blood pressure, diabetes and lipid profile alteration.

The scientists have published the results of this study in the *Journal of Evaluation Practice*.

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