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Early balding linked to prostate problems

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Men who began balding at a young age may benefit from seeking lab testing to determine the health of their prostates. New research indicates that individuals with early-onset androgenic alopecia tend to have larger prostates.

An enlarged prostate is the primary symptom of a condition known as benign prostatic hyperplasia. This often results in urinary problems and has even been linked to a higher risk of developing prostate cancer.

For the present study, researchers from the University of Granada in Spain measured the prostate volumes of 45 men who began balding at a young age. The results showed that the majority of these individuals had enlarged prostates. Furthermore, they exhibited many of the symptoms associated with benign prostatic hyperplasia.

The researchers wrote in their report, which was published in the Journal of the American Academy of Dermatology, that the findings may explain why both an enlarged prostate and early-onset alopecia appear to respond to some of the same medications. Furthermore, the results suggest that balding may provide an early warning sign of potential prostate problems.



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