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Early Balding Linked to an Enlarged Prostate

by: [Daryl Nelson](#) 2 days ago



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Are you losing your hair? You may want to have your prostate examined. A new study suggests that men who begin balding tend to have larger prostates.

Researchers at the University of Granada in Spain measured the prostate size of 45 men who started to bald at an early age and found most of the men had enlarged prostates. An enlarged prostate is associated with urinary problems and has been linked to a greater risk of developing prostate cancer.

According to a separate study conducted by the University of Maryland Medical Center, about one-half of men begin to bald by the age of 30, and the majority of men will either bald or show balding patterns by the age of 60.

The Granada study was published in the Journal of the American Academy of Dermatology.

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