



## Women Feel More Miserable than Men in a Personal Conflict

Submitted by **Kanika Mehta** on Fri, 04/15/2011 - 04:58 **Research** **TNM** **Health**

Recently, a research was conducted by the [Department of](#) Social Psychology of the University of Granada which compared the intensity of the emotions of men with [women in](#) a personal conflict.

A [close](#) analysis of interpersonal emotions, which both [men and women](#) experience during a conflict, was conducted by the researchers and they found that women felt more intense emotions than men in a [situation](#) like that and this finding stands in conflict with the general conception of men expressing their intense anger.

An important finding of the study [suggests](#) that when a partner is treated with disrespect by the other, women feel more miserable and in a situation where a partner is physically aggressive during an argument, the women feel more disappointed in comparison to men.

Another finding suggests that women feel more [sadness](#) in a situation when their partners shouted at them with high frequency.

Explaining more about the study's results, the authors of the study stated, "One could expect men to express more domineering or powerful emotions – as wrath, anger or despise and women to have more submissive attitudes – guilt, sadness or fear. The results have proved that women feel more intense emotions, both powerful and non-powerful".

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