

[Sify Home](#) >> [News](#) >> [International](#) >> 50pc of bipolar disorder patients suffer work, social or family disabilities

[Comments](#) | [Share](#) | [Print](#) | [Rate](#)



## 50pc of bipolar disorder patients suffer work, social or family disabilities

2011-04-06 16:00:00

### New Spinal Cord Treatment

Ads by Google

First successes with innovative stem cell therapy in Europe. [www.XCell-Center.com/SpinalCord/](#)

A study conducted at the University of Granada has found that 50 pc of patients with bipolar disorder suffer some type of work, social and family disability, and approximately 20 pc present some disorder at the three levels.

The research study analyzed the factors associated to higher work, social and family disabilities in a sample of 108 patients suffering from bipolar disorder.

This research revealed that work disability -that is, difficulty to perform normal job duties- in these patients was associated to high recurrence of maniac episodes, as well as to recurrent psychiatric hospitalization -high-intensity episodes-, depression and low educational levels. Furthermore, nicotinic dependency -strong addiction to tobacco- can be more disabling in patients with bipolar disorder than depression.

Luis Gutierrez Rojas, a member of the Research Group of Psychiatry Research and Neuroscience of the University of Granada states that social disability -difficulty to establish relations out of the family and to achieve social integration- in these patients is associated to higher hospitalization rates, episodes of depression and active depression symptoms.

"Receiving social support is associated to lower social disability in these patients," said the author.

The University of Granada researcher added that, to avoid disability in patients with bipolar disorder "recurrence of depressive and maniac episodes must be avoided, and physicians should treat these episodes promptly to avoid hospitalization".

Rojas stated that dependency to tobacco -apart from serious physical sequels- is associated to a worse bipolar disorder prognosis. Simultaneously, social support should be improved or sought for patients deprived of it.

Alcoholism is especially conflictive at family level, and alcohol is the most abused substance in patients with bipolar disorder.

"Detecting alcohol abuse in patients is specially important to improve family relations," added author.

The study has been published in the prestigious journal Psychiatry Research. (ANI)

All About: [Washington](#)

[Comments](#) | [Share](#) | [Print](#) | [Rate](#)

[More Headlines](#)

### Most Popular

[Poll Talkies - 17 days to elections](#)  
[Tendulkar eyes night of records on Saturday](#)  
[Wide-spread support to Anna Hazare in Andhra Pradesh](#)  
[Tharoor supports Hazare, stresses on dialogue](#)

### Latest News

[Groundswell of support for Anna Hazare](#)  
 20hrs 34mins ago [IANS](#)  
 Hyderabad: Students to academics, the young and old, film stars to intellectuals -- everyone has joined hands in support of Gandhian Anna Hazare, who is fasting in New Delhi for a stronger Lokpal  
[After 27 years, Gopal Dass comes home to...](#)  
 20hrs 44mins ago [IANS](#)  
 Gurdaspur (Punjab): He may have returned home after 27 years in jail in Pakistan, but Gopal Dass has found instant connect with Anna Hazare's crusade against corruption and says he extends his full  
[Hazare writes to PM, Sonia Gandhi](#)  
 20hrs 49mins ago [ANI](#)  
 New Delhi: With the Centre turning down social activist Anna Hazare's two demands on the joint committee, the Gandhian, whose indefinite fast has entered a fourth day today, has written a letter to  
[PM holds meet, Pranab appeals to Hazare](#)  
 21hrs 6mins ago [IANS](#)  
 New Delhi: Prime Minister Manmohan Singh Friday met UPA chairperson Sonia Gandhi over the stalemate with anti-corruption crusader Anna Hazare, soon after Finance Minister Pranab Mukherjee appealed to  
[Kashmiri religious leader killed in Srin...](#)  
 21hrs 21mins ago [IANS](#)  
 Srinagar: Prominent religious leader Molvi Showkat Ahmad Shah of the Jamait-e-Ahlehadis, was killed in an improvised explosive device (IED) blast outside a mosque in Jammu and Kashmir summer capital

[More Stories](#)



### Sponsor Ads

Reclaim your brain

- Improve Memory
- Increase brain performance



Play ▶



[IndiaProperty.com](#)  
 No.1 Property Portal  
**You never have to see this again!**  
  
**Endless Listings & Endless Possibilities**  
 On the NO.1 PROPERTY Portal [SEARCH NOW](#)