



News Category Menu

- Bipolar
- Categories A-B >
- Categories C-D >
- Categories E-G >
- Categories H-L >
- Categories M-O >
- Categories P-R >
- Categories S-Z >
- [View full category list](#)

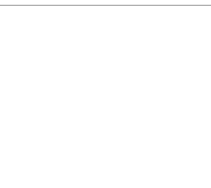
Your News

- [Popular News By Year](#) >
- [Personalize Your Homepage](#)
- [Weekly Newsletters](#)
- [Daily News Alerts](#)
- [Follow Us On Twitter](#)

Featured Information Hubs

- [Hemophilia](#)
- [Pneumococcal Disease](#)
- [Other Information Hubs](#) >
- [All 'What Is...' Articles](#)

Conditions Information



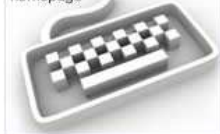
IBM Health Device Event

Other Navigation Links

- [About Us](#)
- [News Licensing](#)
- [Free Website Feeds](#)
- [Free Tools & Content](#)
- [Tell a Friend](#)
- [Accessibility](#)
- [Help / FAQ](#)
- [Article Submission](#)
- [Links](#)
- [Contact Us](#)

Clinical Trials

Medical News Gadget

 Add our medical news
to your Google
homepage


Bipolar News

Useful Links

Half The Patients With Bipolar Disorder Suffers Work, Social Or Family Disabilities

Main Category: [Bipolar](#)

Article Date: 06 Apr 2011 - 0:00 PDT

8

[email to a friend](#)
[printer friendly](#)
[opinions](#)
[Like](#)

Such was the conclusion obtained in a study conducted at the University of Granada that was recently awarded a prize in the IV Spain-Portugal Meeting on Therapeutical Adherence held in Oporto (Portugal). This research study analyzed the factors associated to higher work, social and family disabilities in a sample of 108 patients suffering from [bipolar disorder](#).

According to the study, 50% of patients suffering from bipolar disorder suffers some type of work, social and family disability, and approximately 20% present some disorder at the three levels.

This was the conclusion drawn in a scientific article recently published in the prestigious journal Psychiatry Research, prepared by Dr. Luis Gutiérrez Rojas, a member of the Research Group of Psychiatry Research and Neuroscience of the University of Granada coordinated by professor Manuel Gurpegui Fernández de Legaria. This study analyzed the factors associated to serious work, social and family disabilities in a sample of 108 patients suffering from bipolar disorder.

This research revealed that work disability that is, difficulty to perform normal job duties in these patients was associated to high recurrence of manic episodes, as well as to recurrent psychiatric hospitalization high-intensity episodes, [depression](#) and low educational levels. Furthermore, nicotinic dependency strong [addiction](#) to tobacco can be more disabling in patients with bipolar disorder than depression.

Social Support

Gutiérrez Rojas states that social disability difficulty to establish relations out of the family and to achieve social integration in these patients is associated to higher hospitalization rates, episodes of depression and active depression symptoms. "Receiving social support is associated to lower social disability in these patients" the author states.

Lastly, family disabilities difficulty to have good relations with family members was found to be associated to hospitalization, manic episodes, symptoms of depression and to higher scores in the CAGE scale, which measures addiction to alcohol.

The University of Granada researcher adds that, to avoid disability in patients with bipolar disorder "recurrence of depressive and manic episodes must be avoided, and physicians should treat these episodes promptly to avoid hospitalization".

Gutiérrez Rojas states that dependency to tobacco apart from serious physical sequels is associated to a worse bipolar disorder prognosis. Simultaneously, social support should be improved or sought for patients deprived of it. For instance, home assistance instead of financial support can be sought within the framework of the Spanish Law of Dependency. Patients can also be advised to attend patient meetings in search of information and support".

Ads by Google

Current Article Ratings:

 Patient / Public:  4 (1 votes)
 Healthcare Prof: Not yet rated

 Find other articles on: "[Half the patients with bipolar disorder suffer work, social or family disabilities](#)"

Monthly Feature

What Are The Effects Of Radiation On Humans?



Contrasting media reports about regarding the dangers occurring at the Fukushima nuclear facility in Japan, bringing the issue of radiation and public health to the fore. Here, we examine the possible effects of radiation on humans. [Read our article.](#)

Follow Our News On Twitter:



Get the latest news for this category delivered straight to your Twitter account. Simply click the link below and select the 'follow' option.

- [Bipolar](#) on Twitter
- View a list of all our [Twitter feeds](#)

Latest News For Bipolar

[Half The Patients With Bipolar Disorder Suffers Work, Social Or Family Disabilities](#)
06 Apr 2011

[ABPN Approves Self-Assessment Program For Maintenance Of Certification](#)
01 Apr 2011

[Genetic Link To Attempted Suicide Identified: Findings Could Lead To New Avenues Of Treatment Research](#)
29 Mar 2011

[View more news...](#)

Most Popular Articles For Bipolar

These are the most read articles from this news category for the last 6 months:



[Americans More Likely To Have Bipolar Disorder Than Anybody Else In The World](#)
09 Mar 2011

Approximately 4.4% of Americans have had a diagnosis of bipolar disorder at some time during their lives, compared to a global average of 2.4%, and just 0.1% in India, researchers have revealed in Archives of General Psychiatry...

[Bogus Doctor In Emergency Room For Three Weeks](#)
24 Nov 2010

[Brain Imaging Identifies Differences In Childhood Bipolar Disorder, ADHD](#)
13 Oct 2010

[Depression Needs A Second Opinion](#)
12 Mar 2011

[Hard-To-Treat Depression Unlikely To Be Unrecognized Bipolar Disorder](#)
07 Dec 2010

Ads by Google

[Bipolar Type 2](#)
[Social Work](#)
[Social Anxiety](#)


Alcoholism is specially conflictive at family level, and alcohol is the most abused substance in patients with bipolar disorder. "Detecting alcohol abuse in patients is specially important to improve family relations".

The results obtained in this study were recently presented in the IV Portugal-Spain Meeting for Therapeutical Adherence held in Oporto, Portugal, where it was awarded the third research prize.

Sources: University of Granada, [AlphaGalileo Foundation](#).

Please rate this article: [Patient / Public:](#) or [Health Professional:](#)
(Hover over the stars
then click to rate)

WHAT'S YOUR
brain grade



Take the free Brain Grade test!

[Start the Test >](#)








From the Neuroscientists at Lumosity.com

Ads by Google

Like

8

SHARE 

 [Follow us on Twitter](#)
 [Bipolar headlines](#)
 [email to a friend](#)
 [printer friendly version](#)
 [weekly newsletter](#)
 [personalize your news](#)
 [back to top](#)

Note: Any medical information published on this website is not intended as a substitute for informed medical advice and you should not take any action before consulting with a health care professional. For more information, please read our [terms and conditions](#).

Add Your Opinion

Please note that **we publish your name**, but we **do not publish** your email address. It is only used to let you know when your message is published. We do not use it for any other purpose. Please see our [privacy policy](#) for more information.

If you write about specific medications or operations, please **do not** name health care professionals by name.

All opinions are moderated before being included (to stop spam)

Your Name:*
E-mail Address:*
Title For Opinion:*
Opinion:*

This is to help prevent SPAM submissions. Please enter the words exactly as they appear, including capital letters and punctuation.*

Börger in idea

Type the two words:



* Fields marked with a * need to be filled in before you hit the submit button.

Contact Our News Editors

For any corrections of factual information, or to contact the editors please use our [feedback form](#).

Please send any medical news or health news press releases to:
pressrelease@medicalnewstoday.com

WHAT'S YOUR
brain grade



Take the free Brain Grade test!

[Start the Test >](#)

From the Neuroscientists at Lumosity.com

Ads by Google



Medical News Today en Facebook

[Me gusta](#)

A 8,273 personas les gusta **Medical News Today**.



Reham



Paula



Lee



Gregory



Donna Rose



Donna



Kathy



Vishal

 Plug-in social de Facebook