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Women with osteoporosis suffer early menopause

ANI | Mar 30, 2011, 03.19pm IST

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A study conducted at the University of Granada says that *women with osteoporosis* in their suffer *menopause* two years earlier than healthy women.



Women with osteoporosis suffer early menopause
(Thinkstock photos/Getty Images)

Additionally, researchers have found at least 11 genetic markers associated with osteoporosis in hip in postmenopausal women.

Osteoporosis in the hip increases the risk of suffering fractures, which is extremely disabling for the patient, and represents a high cost for the health public system.

The aim of this research study was to understand the factors that increase the risk of developing osteoporosis. As a starting point, researchers studied the relevance of genes in this disease, since 80

percent of bone formation is genetically determined.

For the purpose of this study, authors conducted a multi-center study involving five Spanish clinics. A sample of 2,000 patients was taken from the gynecology services of the participating clinics.

Detailed medical records were prepared of each patient including those risk factors known to intervene in osteoporosis of the hip. In addition, other factors that have not still been proven

intervene in osteoporosis -as the Mediterranean diet- were also studied.

Blood collections were made to analyse genetic markers, and a densitometry was done to study bone mineral density in spine and hip.

Super Bone Formula : www.Super-Smart.eu - With Calcium Hydroxyapatite ! Important scientific validation

Osteoporosis : www.healthline.com - Research causes, symptoms, and treatments for Osteoporosis.

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