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Traffic accidents 'cause more chronic pain'

21 March 2011

People whose brain or **spinal injury** results from a traffic accident are more likely to suffer chronic pain in the months following the incident, new research has suggested.

A study published in journal Arthritis Care and Research found an 84 per cent increase in the likelihood of chronic pain in those who had experienced a traffic accident compared to those whose pain was the result of other events.

It was also revealed that individuals with poorer health or psychological problems were more likely to develop chronic pain following a traumatic event.

"We believe there are persons—defined by prior physical and psychological health—who in the event of a traumatic trigger are vulnerable to developing chronic widespread pain," said lead author Gareth Jones.

Those who have experienced a traffic accident could benefit from neuropsychology, according to research at the University of Granada, which indicated that the therapy reduced the after-effects of **acquired brain injury**.



News brought to you by Serious Law specialists in traumatic brain injury

Posted by Paul Breen

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