Hom

# 'Collection mania' can cause pyschological disorders

Submitted by Mohit Joshi on Wed, 03/16/2011 - 07:02 Health United Kingdom

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London, March 16

: The tendency to

collect items in

bolsters certain

unchecked, the

habit can lead to

disorders, says a

psychological

moderation

skills but if

tanks and ships are some of the collections that often crowd our stands.

In principle, "as long as this hobby is performed under control", collecting items is good from the psychological point of view, as it <a href="helps">helps</a> in developing positive skills and attitudes such as perseverance, order, patience and memory.

However, <u>addiction</u> expert Professor Francisca Lopez Torrecillas at the University of Granada, Spain warns that "a very significant increase has been observed of cases where uncontrolled collecting has caused obsessive-compulsive disorder and shopping addiction", according to a Granada statement. (IANS)

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