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Eating disorders 'double in Muslim teens than in Christian'

Submitted by [Mohit Joshi](#) on Wed, 03/09/2011 - 17:18 [Health](#) [United States](#) [Washington](#)

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Christian classmates.

The study also found that body dissatisfaction was 1.8-fold higher in the former group.

Finally, as a general conclusion, an average of one in four adolescents suffers some type of eating disorder, and 15 percent suffers body dissatisfaction.

The sample was taken from a Spanish multicultural city, Ceuta, where different religious groups have co-existed for centuries –Christian, Muslim, Jews, and where about 30 percent of the total population is Muslim.

The goal of this study was to assess the incidence of eating disorders and body dissatisfaction in a non-clinical sample of adolescents belonging to different religious groups, and assess the relationship between religious affiliation and health [disorders](#). (ANI)

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