

Thu, Mar 10, 2011



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Eating disorders 'double in Muslim teens than in Christian'

ANI

Washington, Wed, 09 Mar 2011

Washington, Mar 9 (ANI): A University of Granada study has found that eating disorders are 2.3-fold higher among Muslim adolescents than among their Christian classmates.

The study also found that body dissatisfaction was 1.8-fold higher in the former group.

Finally, as a general conclusion, an average of one in four adolescents suffers some type of eating disorder, and 15 percent suffers body dissatisfaction.

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The sample was taken from a Spanish multicultural city, Ceuta, where different religious groups have co-existed for centuries -Christian, Muslim, Jews, and where about 30 percent of the total population is Muslim.

The goal of this study was to assess the incidence of eating disorders and body dissatisfaction in a non-clinical sample of adolescents belonging to different religious groups, and assess the relationship between religious affiliation and health disorders. (ANI)

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