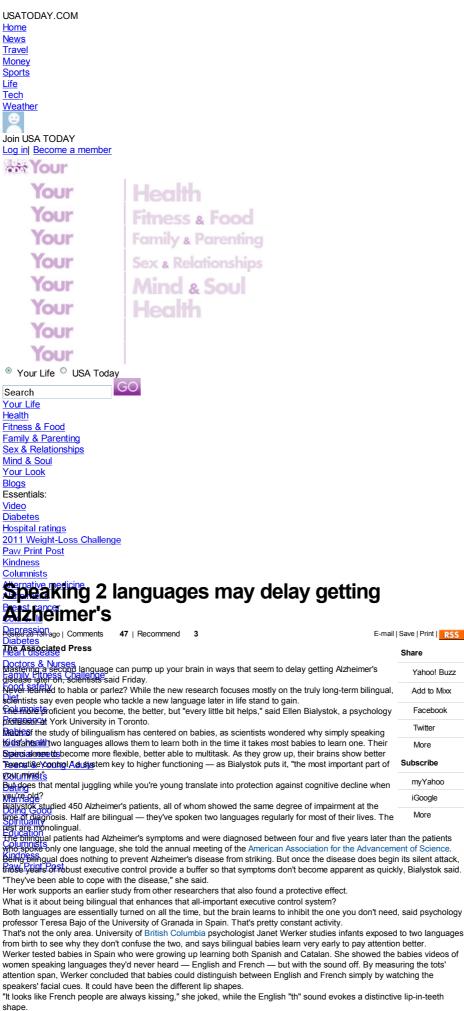
Home News Travel Money Sports Life Tech

Blogs

Video



shape. Whatever the cues, monolingual babies couldn't tell the difference, Werker said Friday at the meeting. But what if you weren't lucky enough to be raised bilingual? Scientists and educators know that it becomes far harder to

Featured video



NBA dunk

National **Christmas Tree** topples Tree that stood since 1978 falls.

Yahoo! Buzz

Add to Mixx

Facebook

Twitter

More

myYahoo

iGoogle

More

contest Blake Griffin leaped over a car to win

 learn a new language after puberty. Partly that's because adults' brains are so bombarded with other demands that we don't give learning a new language the same attention that a young child does, Bialystok said. At the University of Maryland, scientists are studying how to identify adults who would be good candidates to master a new language, and then what types of training are best. Having a pretty strong executive control system, like the lifelong bilinguals have, is among the good predictive factors, said Amy Weinberg, deputy director of the university's Center for Advanced Study of Language. But people don't have to master a new language to benefit some, Bialystok said. Exercising your brain throughout life contributes to what's called cognitive reserve, the overall ability to withstand the declines of aging and disease. That's the basis of the use-it-or-lose-it advice from aging experts who also recommend such things as crossword puzzles to keep your brain nimble. "If you start to learn at 40, 50, 60, you are certainly keeping your brain active," she said. <i>Copyright 2011 The Associated Press. All rights reserved. This material may not be published, broadcast, rewritten or redistributed.</i> 			
1st eviden National st Critic's Col Report: As Selected for yo	ht also be interested in: ce that ADHD is genetic arises from kids study (USATODAY.com in Health) tudy reveals a wide range of sex acts (USATODAY.com in Health) rner Wednesday: 'Justified' returns in fine form (USATODAY.com in Life) shlee Simpson files for divorce (USATODAY.com in LifeLine Live) ou by a sponsor: r Adults or Children With Arthritis (Health.com)		
Yahoo! Buzz Mixx			
Posted 2d 13h a	ago	E-mail Save Print RSS	
To report corrections and clarifications, contact Standards Editor Brent Jones . For publication consideration in the newspaper, send comments to letters@usatoday.com. Include name, phone number, city and state for verification. To view our corrections, go to corrections.usatoday.com.			
We've updated the Conversation Guidelines. Changes include a brief review of the moderation process and an explanation			
on how to use the "Report Abuse" button. Read more. You must be logged in to leave a comment. Log in Register Chiropractic Practice 3 days,\$25K a month, 6wks off, East 3 days, \$25K a month, 6wks off, East			
			Out Of The Box Thinking & Marketir principledchiropractictraining.com Truth About Drugs Free Truth About Drugs Info Kit & Booklets. Learn The Facts Now! DrugFreeWorld.org
Submit	F Dest this comment to Facebook?		"I Had Psoriasis" Equilac Keeps My Psoriasis Under Control. Read More! www.Equilac.com
Comments: (47) Showing: Newest first New: Most recommended!			
	Xuelong (0 friends, send message) wrote: 5m ago		Most Popular E-mail Newslet
	Let's see now, I'm fluent in English, Ebonics & Pig Latin. I should be OK until I	m 85.	Sign up to get:
		Recommend Report Abuse	Top viewed stories, photo galleries and community posts of the day
	DonD (0 friends, send message) wrote: 8h 2m ago What bull, these same "scientists" said that doing puzzles and working on you thing, then they contradicted themselves. Researchers reverse themselves so all that they do. Two languages?? I'm sure they want you to speak Spanish so the illegals the liberals and Democrats want to give amnesty to.	often as to make a mockery of	Sign up for USA TODAY E
		Recommend Report Abuse	
8	bentaubmd (0 friends, send message) wrote: 13h ago What this means is that Americans who are not bilingual will be an endangere		
		Recommend Report Abuse	
haveseen (4 friends, send message) wrote: 14h 33m ago Alzheimer's 10 Early Warning Signs and Normal Lapses vs Warning Signs http://www.guidetolongtermcare.co m/alzheimers.html			
		Recommend Report Abuse	
	mike2616a (51 friends, send message) wrote: 18h 16m ago So will pig latin delay alzhiemer's?		
		Recommend Report Abuse	
	Commdude (11 friends, send message) wrote: 18h 38m ago		