



Download the new rupee symbol



BSNL union asks spectrum money refund



Hillary meets Asif Ali Zardari

News » » Health » Full story

'Physically fit teens have better appetite control and energy expenditure'

SAVE EMAIL Me gusta ORKUT PRINT Search

Subscribe to Newsletter

Washington, July 16 (ANI): A research reveals that children in good shape have better appetite control and energy expenditure.

Ads by Google

Top University in Spain

International degrees, transferable credits, IE University in Spain
www.ie.edu/university

Swiss Study 5 Star Career

Hotel Bachelor and Master 4 years Internships, International Careers
www.Ritz.edu

New cardio health program

indoorwalking instructors education Weight management revolution
www.indoorwalking.net

Find Book Publishers Fast

Literary Agency For Authors We Find Publishers, Submit Online.
www.WIWritersAgency.com

<Aire Acondicionado>

Daikin, Mitsubishi, Samsung, LG Panasonic, Fuji Electric, General
www.climatizacioncentro.com

Original Green coffee 800

For Healthy Weight loss Special Sale 15% OFF!
www.green-coffee-800.com

Open Days

Take the initiative University of Plymouth
www.plymouth.ac.uk/opendays

Handyman in Spain

Looking for a handyman? Put your job on-line free of charge
www.jobauktion.es

Cursos Técnicos Granada

Hazte un curso Técnico en Granada. Cursos con Prácticas y Bolsa Empleo
www.MasterD.es/Cursos_Granada

Yoga Teachers Training

In the tradition of Sw. Sivananda in India - with int. certificate
www.yogasamvit.com

The study conducted at the Department of Physiology of the University of Granada revealed that physically fit adolescents aged 12-17 present increased levels of insulin and leptin.

Insulin and leptin are hormones involved in the development of diabetes, appetite control and energy expenditure.

The study analysed the nutritional status and lifestyle of adolescents, including aspects such as physical activity, fitness and hormonal profile, among others.

The results also confirmed that intense physical activity and high fitness levels in adolescents are related to lower fat body levels in children and adolescents. (ANI)

[Read All Comments] [Post Comments]

Comments | Save | Email | Retweet | Share on Facebook | Print | Feedback

Topics: Physically, , fit, teens, have, better, appetite, control, , and, , energy, expenditure

User Comments

[Post Comments] [Read All Comments]

Be the first to comment this article.

Write a comment (All fields are mandatory)

Your Name:

Your Message: (2000 chars)

Security Code: 761300

Submit Cancel

Did you miss?



Burqa should be banned: Australian senator

Latest story on

crpf
CRPF orders inquiry into 'killing spree' in Jharkhand camp

Health

- Surgery to fight obesity
- Ultra long lasting insulin coming soon
- Scientists create HIV-resistant cells
- Facebook blamed for rise in sex diseases
- '33.4 mn affected by HIV-AIDS'

Technology

International

Business

Cricket

Latest Comments

- **satish** On ICAI announces CPT/ CA finals 2010 results
- **Rosario DSouza** On West Bengal train mishap: Mamata smells sabotage?
- **Shrikant B P** On AIIMS entrance exam 2010 results out
- **kiran** On Recruitment scam: Railway exams postponed
- **Prateek Singh** On Aware of different views on caste-based census: PM

Recommended Links

- Become fans of Namitha, Trisha, Katrina, Deepika, Hrithik Roshan
- Make Like Minded Friends
- SMS Updates
- Astrology
- Chat
- RSS
- Jobs
- Book your Domains
- Explore India