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MATERNITY OCCASION

- New Summer Collection
- Mid Season Sale
- Maternity Essentials
- Celeb Picks
- Special Occasion

MATERNITY CATEGORY

- Dresses
- Jeans
- Tops
- Trousers
- Skirts
- Swimwear
- Nightwear
- Knitwear
- Lingerie
- Tights & Leggings
- Breastfeeding Tops
- Bags & Belts
- Baby Wear
- Skin Care

MATERNITY BY PRICE

- Up to £35
- £35 to £65
- £65 and up

FASHION ADVICE

- Shop by Body Shape
- Celebrity Look
- The Perfect Jeans



- 26/5/2010 Could Celine soon be in maternity clothes?
- 26/5/2010 More vitamins A, E and iron needed for breastfeeding
- 26/5/2010 Bec Hewitt set to wear maternity clothes for third time
- 25/5/2010 Samia Smith explains post-pregnancy weight loss
- 25/5/2010 Samantha Cameron in blue maternity dress for Queen's speech

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More vitamins A, E and iron needed for breastfeeding

Wednesday, May 26, 2010

Women considering breastfeeding their children have been urged to follow the right diet to make sure their babies get the correct nutrition.

Research by the University of Granada has found that new mothers were not consuming enough fat, vitamin A, vitamin E or iron, the latter of which is especially important in the neurological development of infants.

Despite any worries, Jose Luis Gomez Llorente, from the Department of Paediatrics of the University of Granada, said that "human milk is the ideal method of feeding healthy newborns", adding that it can play an important role in a child's early months.

Referring to the presence of docosahexaenoic acid in breast milk, he also said that it "is associated with the development of different functions in the newborn, such as cognitive development (learning) and vision development" and that it could also provide protection against allergies.

Of course, beyond a good diet, another key to successful breastfeeding is to have the right clothes to facilitate it.



Breastfeeding

- 26/5/2010 More vitamins A, E and iron needed for breastfeeding
- 19/5/2010 Breastfeeding benefit explained
- 14/5/2010 Gisele Bundchen explains breastfeeding benefits
- 5/5/2010 'Breastfeeding beneficial for kids'
- 4/3/2010 Nearly half of all mothers believe that breastfeeding is best
- 11/2/2010 Benefits of breastfeeding highlighted by advertising campaign
- 5/2/2010 Jennifer Garner worried end of breastfeeding could lead to weight gain
- 4/2/2010 Button down nightie mothers given advice on breastfeeding
- 3/2/2010 Doctor urges women to consider wearing a breast feeding nightie



Newest Maternity Fashion from Seraphine

Other customers best selling items.



Crop Seamless Leggings
£16



Cotton Silk Cardigan
£42 £19



Evening tube top £25

TERMS AND CONDITIONS

DELIVERY INFORMATION

PRIVACY AND SECURITY

CAREERS

WHOLESALE

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