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**Study Finds Potential Treatment to Prevent Obesity, Diabetes** 



A new study from University of Granada suggests that interleukin-6, a molecule found to be high in obese people and diabetics, can act as potential treatment for prevention of the conditions.

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Previous studies have shown that interleukin-6, found to be naturally high in diabetic and obese persons and could be harmful, however, this study proves exactly the opposite.

"No study had tried to inject interleukin-6

directly to analyse if this molecule was really

harmful or, to the contrary, could help to

prevent obesity and diabetes" said Jose Luis

Mesa, technical director, Vitagenes, a company

which forms part of the Campus program

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"In order to prove it, we injected human recombinant interleukin-6 daily for two weeks and analysed its behaviour and its effects on

sensitivity and the absorption of glucose,

interleukin-6 Moreover, increased the expression of important genes related to fats

suggesting that it could be involved in the metabolic control of body weight.

The team suggests that this is a preliminary study carried out in animal models, and more studies are required in humans to establish definite conclusions.

"Although everything seems to indicate that the application in humans would be possible in the medium term. This could substantially improve the state of people with diabetes and obesity", Mesa added.

The study is published in the international scientific Journal of Endocrinology.

Source-ANI

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promoted by the University of Granada (UGR). "Our hypothesis was that interleukin-6 was naturally high in diabetic and obese persons precisely to combat such diseases," he said.

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the metabolism.

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They found that interleukin-6 improved insulin essential for diabetics.

metabolism, such as PPAR and UCP2,