

Datenbankrecherche: Fachgebiet (optional):

[Home](#) [Über uns](#) [Media](#) [English](#)

FACHGEBIETE **SONDERTHEMEN** **FORSCHUNG** **B2B BEREICH** **JOB & KARRIERE** **SERVICE**

NACHRICHTEN & BERICHTE

- Agrar- Forstwissenschaften
- Architektur Bauwesen
- Automotive
- Biowissenschaften Chemie
- Energie und Elektrotechnik
- Geowissenschaften
- Gesellschaftswissenschaften
- Informationstechnologie
- Interdisziplinäre Forschung
- Kommunikation Medien
- Maschinenbau
- Materialwissenschaften
- Medizintechnik
- Medizin Gesundheit**
- Ökologie Umwelt- Naturschutz
- Physik Astronomie
- Studien Analysen
- Verfahrenstechnologie
- Verkehr Logistik
- Wirtschaft Finanzen

Weitere Förderer



[Ads by Google](#) [Sports on TV](#) [Play a Sport](#) [Watch Sports](#) [Sports Games](#) [Sports World](#)

Home → Fachgebiete → Medizin Gesundheit → Nachricht

8 of every 10 Spanish adolescents who play a sport do not smoke, and more than 40% do not practice any physical activity

26.08.2008 > nächste Meldung >

Sports and tobacco consumption are directly related, according to a study carried out by researchers of the University of Granada, the Spanish National Research Council- CSIC, the Universities of Murcia, Zaragoza and Cantabria, and the Nuestra Señora de la Consolación School of Granada. This work has proved that those Spanish adolescents who play a sport do not smoke usually (8 of every 10), and more than 40% of the adolescents aged between 13 and 18 do not practice any physical activity.

Anzeige



The article Increase of tobacco consumption and reduction of the physical activity practice level in Spanish adolescents: AVENA Study, published in the journal Nutrición Hospitalaria, has analysed the relationship between tobacco and sports in a sample of about 3,000 students from Granada, Madrid, Murcia, Santander and Zaragoza, who were applied a questionnaire to get to know their habits on this matter.

Smoking
Do You Know the Impacts of Smoking? Smoking and Tobacco Use. More...
Healthline.com

Euromate Smoke and Go
Euromate tobacco smoke solutions. No odour or smoke is left behind.
www.euromate.com

...mehr zu:
> AVENA Study > coronary disease > CSIC > Diabetes > osteoporosis > physical activity > tobacco consumption > UGR

In the scientists' opinion, these results show the importance of adopting measures to promote the practice of physical activity and eradicate tobacco consumption, as it has been proved how physical activity, diet and tobacco and alcohol consumption are related to obesity, diabetes, coronary disease, osteoporosis and cancer. Whereas the practice levels of physical activity in adolescents decrease as they get older, tobacco consumption increase, which reveals the importance of adopting intervention strategies on both conducts.

This work has also analysed the attitudes and motivations that encourage to tobacco consumption among the young, such as the use of this toxic substance as a mechanism to control body weight, a method to calm down, a curiosity or a wish to feel older, among others.

Antonio Marín Ruiz | Quelle: alphagalileo

B2B Suche

Produkt / Dienstleistung
 Firma / Organisation

Aktuell

- [Ginkgo Extract Has Multiple Actions on Alzheimer Symptoms](#)
26.08.2008 | Biowissenschaften Chemie
- [Experts Can Discuss New FDA Produce Irradiation Rule](#)
26.08.2008 | Biowissenschaften Chemie
- [Going from ulcers to cancer](#)
26.08.2008 | Biowissenschaften Chemie



Veranstaltungen

- [Forum KIEDRICH: Bewerbungsmöglichkeit zum nächsten 24. Gründermarkt](#)
26.08.2008 | Veranstaltungsnachrichten
- [INFORMATIK 2008 - Beherrschbare Systeme - dank Informatik](#)
26.08.2008 | Veranstaltungsnachrichten
- [Projektpräsentation: Kleine Betriebe betriebsärztlich und sicherheitstechnisch zeitgemäß unterstützen](#)
26.08.2008 | Veranstaltungsnachrichten

prensa.ugr.es/prensa/research/verNota/prensa.php?nota=543



Weitere Berichte zu: [AVENA Study](#) > [coronary disease](#) > [CSIC](#)
 > [Diabetes](#) > [osteoporosis](#) > [physical activity](#) > [tobacco consumption](#)
 > [UGR](#)

> nächste Meldung >

Weitere Nachrichten aus der Kategorie → Medizin Gesundheit:

Rheumatologen raten bei Kindern mit Rheuma zu impfen - Nutzen überwiegt Risiko
 26.08.2008 | Kompetenznetz Rheuma in der Geschäftsstelle der Deutschen Gesellschaft für Rheumatologie (DGRh)

Caesarean babies more likely to develop diabetes
 26.08.2008 | Queen's University, Belfast

Second Hand Smoke Test

Measures exposure on the spot Easy,
 Fast, Accurate, TobacAlert
 tobacalert.com

Smoking

Do You Know the Impacts of Smoking?
 Smoking and Tobacco Use. More...
 Healthline.com

Top

Artikel versenden

drucken

Live-Mitschnitte, Interviews und Hintergründe von den Meinungsführern aus Politik und Wirtschaft jetzt auf → www.euroforum.tv

