

Analyst View Company Results Real Estate Banking Sector Forex Update

Stock Watch

[Home](#)

Red Wine May Reduce 'Hypertension' In Older Women – A New Study

Posted March 23rd, 2008 by [Piyush Diwan](#)

[Featured](#) [Health Update](#) [World News](#)

[I had high blood pressure](#) →

Now it's down to 120/75. Find out how I did it without drugs.
[www.BloodPressureNormalized.com](#)

[1 Trick to Lose Belly Fat](#)

I struggled for years with a fat belly, until I found this 1 secret.
[TruthAboutAbs.com](#)

[Wine shop in Maro](#)

Exclusive Wine & Cava delivered to your door in the Axaquia area
[www.interbrosa.es/](#)

A new study by Spanish researchers revealed that the compound 'polyphenols,' which is found naturally in red wine, may keep blood vessels alive and well in an elder, hypertensive women.



The study, conducted on rats, has claimed that the chemical found in red wine could possibly help ease high blood pressure in postmenopausal women.

women.

The researchers said that women who had gone through menopause have higher possibility of having high blood pressure, as compared to men of the same age, emphasizing the need to discover potential curative measures.

The study also indicates that the red-wine compounds may help cut hypertension plus the risks or complications linked with it including inflammation of the arteries, a restricted aorta or oxidative stress on the blood vessels.

Lead researcher Rocío López-Sepúlveda, a scientist at the department of pharmacology at the University of Granada, who noted in the study text that earlier study has discovered that red-wine polyphenols can provide protection against cardiovascular disease.

Reported in the Wine Spectator, the recent study has also included study from the University Complutense of Madrid.

Scientists used female rats that were genetically engineered to have hypertension. The researchers stimulated menopause by taking out the rats' ovaries, after which time the rats' blood pressure got up because of the altered DNA.

The scientists dealt half the rats with different types of red-wine chemicals linked with enhanced circulation for five weeks. The remaining rats serving as a control group got only water with their food.

After a time period of five weeks, the researchers analyzed the rats' blood vessels. They detected that the hypertension had been relieved in the rats that had a regular red-wine-compound treatment along with their food. The rats experienced more relaxed aortas, healthier linings to the veins and arteries, as well as less oxidative stress, all of which are linked with lower blood pressure.

The scientists cautioned, however that while their results indicate that the risk of hypertension in postmenopausal women could potentially be reduced through the use of regular red-wine-chemical supplements, they may not extend to women who drink red wine.

The study was published in the April 2008 issue of the medical journal 'Hypertension.'

[Wine shop in Maro](#)

Exclusive Wine & Cava delivered to your door in the Axaquia area
[www.interbrosa.es/](#)

Search

Stocks to Watch

[BSE Sensex and NSE Nifty slip further](#)

[more](#)

Recent Popular Content

- [Celebrities](#)
- [Hillary Clinton camp criticises Barack Obama over peddling Clinton-pastor picture](#)
- [Budget session of Meghalaya Assembly begins today](#)
- [Blue-light blocking glasses improve sleep, ADHD symptoms](#)
- [Government plans State level Regulators for real estate](#)
- [Upto 35% Wage increase expected in Sixth Pay Commission, CNBC Reports](#)

[more](#)

New forum topics

- [Upto 35% Wage increase expected in Sixth Pay Commission, CNBC Reports](#)
- [Ranbaxy Labs is still looking strong](#)
- [Sixth Pay Commission Report: What will employees get on April 4, 2008](#)
- [Some Stocks worth investing in 2008](#)
- [Sixth Pay Commission pay scale revisions](#)

[more](#)

All-time popular content

- [Beijing Olympics should be held on time: Dalai Lama](#)
- [Ancient tombs unearthed in China believed to be country's largest](#)
- [Sri Lankan army kill 60 LTTE rebels](#)
- [US Army had experimented with outlandish telepathic ray guns](#)
- [No plan of Dalai Lama-Indian Vice President meeting:](#)

Sections

- [Home](#)
- [Stock Markets](#)
- [Featured Stories](#)
- [Buzzing Stocks](#)
- [Company Updates](#)
- [General Politics](#)
- [Celebrity Photos](#)
- [Entertainment News](#)
- [Health News](#)
- [Law News](#)
- [Sports News](#)
- [Topnews Forums](#)

About TopNews

- [Editor's Choice](#)
- [Print Edition Previews](#)
- [Contact Information](#)
- [Editors & Reporters](#)
- [Editorial Policy](#)
- [Privacy Policy](#)

Latest 16 searches

- [sixth pay commission army](#)
- [six central govt. pay commission report](#)
- [military special pay](#)
- [EXPECTED PAY SCALE TABLE](#)
- [sixth pay commission pay structure](#)
- [sixth central pay commission latest newsabout pay scales-2008](#)
- [wiwimod/spaw/spaw_control.class.php](#)
- [6th pay commission pay scales](#)
- [6TH PAY COMMISSION 2008 proposed pay scales](#)
- [My pay scale is 3050-75-4590 , so what is my new pay scale in sixth pay commissi](#)
- [kjmc](#)
- [central 6th Pay Commission Scales](#)
- [six pay commission](#)
- [SIXTH PAY COMMISSION AND PAY SCALES](#)
- [central 6th pay commission scales](#)
- [ambuja](#)

Navigation

- [Groups](#)
- [Directory](#)