Go

No prayers are unanswered!



It is also reported to be more suitable for HIV positive people and others suffering lactose intolerance.

mg cholesterol per 100 g milk, while goat's milk is more usually recorded at 11 to 25 mg per 100 gram of milk.

demineralisation (softening of the bones).

However, the quality and quantity of feeds, genetics season, stage of lactation, etc. all influence the average percentage of goat milk fat.

In terms of cholesterol, goat's milk appears to offer a specific distinction in comparison to cow's milk, which typically contains about 14 to 17

Research carried out at the Department of Physiology of the University of Granada (USA) has revealed that goat milk has more beneficial properties to health than cow milk. Among these properties, it helps to prevent ferropenic anaemia (iron deficiency) and bone

© The Swazi Observer. All Rights Reserved. Designed and Powered by Real Image Internet

1 de 1 13/12/2007 13:03