

Advertisements by Google



[Parkinson's disease](#)

Get facts about treatments and progression of Parkinson's disease
www.parkinsons-disease.com

[Irritable Bowel Syndrome?](#)

Information & service for those who suffer from IBS. Learn more here.
www.solvay-ibs.com

[Hospital Mgmt Consulting](#)

Hospital management consulting domestic USA and international
www.ncmltd.com

[Temporal Thermometer](#)

Accurate temperature with a gentle forehead scan. Doctor recommended.
www.exergen.com

[Hospital Systems](#)

Find Information Tech. Consulting for Healthcare at Business.com
www.business.com

[Hospital Tracking System](#)

Use Active RFID and Wi-Fi to accurately locate assets and people
www.aeroscout.com

[Medical Computers](#)

Powered by Intel® technology. Quiet & reliable. EN60601-1 certified.
www.advantech.com

[Xavier Medical School](#)

Aruba, Dutch Caribbean
 US Clinicals - Full Financial Aid
edu.XUSOM.nl

[Laser Protection Barriers](#)

BEAMSTOP'R Laser Curtains Confine Lasers For Safe Working Environment
beamstopr.com

[Spain Expat](#)

Authoritative information & forums if you live and work in Spain
www.SpainExpat.com

[ALS TDI](#)

Why is there no drug for ALS?
 How are we going to find one?
www.als.net

[UK Locum Doctors](#)

GP, Prison Services & Hospital Jobs
 NHS, Private Hospitals, Ships Docs
www.freshmedical.com

[Consilience Software](#)

Disease surveillance, immunization registry software solutions
www.consiliencesoftware.com

[Hospital Jobs](#)

Need a display of Hospital Jobs?
 A wide selection here!
JobsHospital.net

[297/mo keeps \\$100,000](#)

more in your pocket. No hassles. bonuses worth thousands Guaranteed.
www.practicebydesign.net

75% of hospital patients suffer from malnutrition regardless of their pathology

Medical Studies/Trials

Published: Wednesday, 24-Oct-2007

[Printer Friendly](#) [Email to a Friend](#)

A study of 817 patients conducted in the [Department of Nutrition and Bromatology](#) at the [University of Granada \(UGR\)](#), in collaboration with the Unit of Nutrition and Dietetics at the hospital Virgen de las Nieves (Granada, Spain) of 817 patients, showed that 75% of hospitalised patients suffer from malnutrition regardless of their pathology.

The study, which was carried out in patients older than 18 in all the departments of the hospital except Psychiatry and Ophthalmology, showed that, although hospitals have enough resources to prevent malnutrition, it is caused due to the poor administration of resources and the lack of importance given to nutrition.

The study, which was carried out by Gabriela Lobo Támer and led by researchers Dolores Ruiz L? and Antonio Pérez de la Cruz, analysed a series of biochemical parameters defining the nutritional status, such as albumin - a protein found in blood plasma that synthesizes in the liver. Thus, 75% of patients analysed had less than 3.5 grams of this protein per volume of blood (milliliter) - the minimum to consider that patients are well nourished.

Lobo Támer highlighted that her study showed that 75% of patients "are already undernourished when admitted," although 40-50% of analysed subjects' condition worsened while staying at the hospital, depending on the department they were admitted to.

This study also revealed, for the first time, how much it costs to the Public Administration both hospital stay and treatment for each patient. The average is "between 3,500 Euro and 6,000 Euro" (only for food and medication). Hospital staff, diagnoses, fungibles, etc. are not taken into account). Oncology and Hematology being the most resource-consuming services. "Patients who undergo heart surgery and those who have a bone marrow transplant cost the most to the health system, as sometimes these operations cost more than 35,000 Euro."

The study concluded that the times at which food is served in Spanish hospitals "are not the most appropriate", and contribute to malnutrition. "It would be advisable to adapt eating hours to better suit the Spanish lifestyle. In Spain lunch and dinner is later than in the rest of Europe and patients have to change their eating habits during their hospital stay."

<http://www.ugr.es>

Would you like to [register](#) for our weekly [NO-NONSENSE Medical News Letter](#)? At the end of each week we'll send you an email containing links to the most popular articles (by page impression) from your chosen categories that appeared on News-Medical.Net in that week. You will **NOT** be bombarded with advertising and you **CAN** unsubscribe at any time. [Click here](#) for more information.

**CANADIAN
ONLINE
PHARMACY**

**Search Medications
Prescription Drugs
OTC Drugs**

**Descubrir
meetic
gratis
y encontrar
el amor**

**¡INSCRIPCIÓN
GRATUITA!**