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July 13, 2007

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Olive oil found to inhibit spread of HIV

Olive oil has become an essential ingredient in the fight against HIV, according to a press release from Spain's University of Granada on Thursday.

Research performed by the Bionat team, headed by Prof. Andrés García-Granados, has found that maslinic acid—a product found naturally in dry olive-pomace oil—inhibits serin-protease, an enzyme used by the virus to release itself and spread through the whole body. The study determined that the use of olive-pomace oil can produce an 80% decrease in the spread of HIV.

In the press release García-Granados and the Bionat team expressed their hope to develop an efficient way to produce and market new maslinic acid by-products to augment the fight against HIV. (*The Advocate*)

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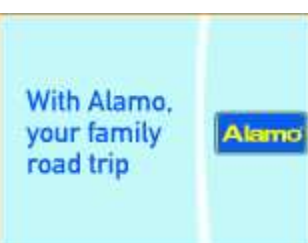


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